


Sons of The American Legion

5 Star Program Of Service



Five-Point Program of Service



Patriotism	<ul style="list-style-type: none">• Love of Flag• Love of Country
Citizenship	<ul style="list-style-type: none">• Individual obligation of citizenship
Discipline	<ul style="list-style-type: none">• Respect for and obedience to rules
Leadership	<ul style="list-style-type: none">• Participation in group activities
Legionism	<ul style="list-style-type: none">• Knowledge of The American Legion

Five-Star Award

The Five-Star Award, which can be presented to those SAL members who show dedication and knowledge in the Five Point Program of Service, is a gold plated medal bearing the SAL Emblem and the symbolism of the five points.

Five-Point Medals



The Five-Star Award

After the member has earned each of the five Stars, he should then be awarded a Five-Star Medal for dedication and knowledge in the Five Point Program of Service.

FIVE ★ MEDAL



Five-Star Award

Insignia for the Five—Star Award can only be had by certification. All orders must first be approved by Department and / or Detachment Headquarters, and sent together with the remittance to

The American Legion, National Emblem Sales
PO Box 1050, Indianapolis, Indiana 46206.

Five-Star Award

The Five-Star Award is for all members of The Sons of The American Legion who show dedication and knowledge in the Five-Point Program of Service consisting of the following:

Sons of The American Legion



5 Star Program of Service

The following quiz may be supplemented with additional questions to “customize” the answers to fit your Detachment, Squadron, State and Local Government.

Five-Star Program



PATRIOTISM



CITIZENSHIP



DISCIPLINE



LEADERSHIP



LEGIONISM

Patriotism

Point #1



Patriotism

Point #1

A star for Patriotism is for the member who shows a knowledge of the history of the Flag, the proper ways of displaying it, and the proper respect due it.

Patriotism

Question # 1

- When was your state first represented by a star in the union of the National Flag?

Answer # 1

- Check date of your state's admission

Patriotism

Question # 2

- Name the original states represented by the stripes of the Flag ?

Answer # 2

- Connecticut, Georgia, Rhode Island, South Carolina, Virginia, Delaware, Maryland, Massachusetts, New Hampshire, New Jersey, New York, North Carolina, and Pennsylvania

Patriotism

Question # 3

- What is our National Anthem?
- By whom was it Written?
- Under what conditions?

Answer # 3

- Star Spangled Banner
- Francis Scott Key
- During the bombardment of Ft. McHenry

Patriotism

Question # 4

- What is the proper salute to the Flag by a man or boy in civilian clothes ?
- By a woman or girl ?

Answer # 4

- Man or boy removes hat, places over heart; or if not wearing hat, places right hand over heart.
- Woman or girl places right hand over heart.

Patriotism

Question # 5

- What date do we observe as the anniversary of the Flag ?
- When and by whom was this anniversary proclaimed?

Answer # 5

- June 14th
- President Woodrow Wilson in 1915.

Patriotism

Question # 6

- Quote “The Pledge of Allegiance to the Flag”.
- Then explain what it means to you.

Answer # 6

- I pledge allegiance to the Flag of the United States of American and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all.

Patriotism

Completed

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Citizenship

Point #2



Citizenship

Point #2

A star for **Citizenship** to the member who by his usefulness in activities outside the program of the SAL displays a working knowledge of the qualities of a good citizen.

Citizenship

Question # 1

- Recite or write the Preamble to the Constitution of the United States of America.
- Write an essay or state what it means to you.
(Optional essay)

Citizenship

Answer # 1

- We, the people of the United States, in order to form a more perfect union, establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity, do ordain and establish the Constitution of the United States of America

Citizenship

Question # 2

- What date in the year is set aside in the commemoration of the completion and signing of the Constitution of the United States of America?
- Name the five members of the committee chosen to write the Declaration of Independence.

Answer # 2

- September 17
- Thomas Jefferson, John Adams, Benjamin Franklin, Roger Sherman, and Robert R. Livingston

Citizenship

Question # 3

- Recite or write the American's Creed.
- Write an essay or state what it means to you.
(Optional essay)

Answer # 3

- I believe in the United States of America as a government of the people, by the people, for the people, whose just powers are derived from the consent of the governed; a democracy in a republic; a sovereign nation of many sovereign states; a perfect union, one and inseparable, established upon those principles of freedom, equality, justice and humanity for which American patriots sacrificed their lives and fortunes. I therefore believe it is my duty country to love it, to support its constitution, to obey its laws, to respect its Flags, and to defend it against all enemies.

Citizenship

Question # 4

- Name the mayor and members of your city government; the governor of the state ?
- Name the congressmen from your district ?
- Name the two United States Senators from your state ?
- Attend and report on a meeting of the city's governing body

Answer # 4

- Information must be obtained locally.

Citizenship

Question # 5

- What are the three divisions of government provided for in the Constitution of the United States of America?

Answer # 5

- Executive (Enforces the laws)
- Legislative (Makes the laws)
- Judicial (Interprets the laws)

Citizenship

Completed

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Discipline

Point #3



Discipline

Point #3

A star for **Discipline** to the member who in all his activities shows respect for rules and obedience to them.

Discipline

Question # 1

- Why is discipline essential in the handling of all group activities ?

Suggested Answer # 1

- Group activities are effective only when you have rules. This includes following the rules, establishing discipline and developing the ability to take directions from whoever is the leader.

Discipline

Question # 2

- Report of good conduct in Squadron meetings.

Answer # 2

- Can be verified by the Squadron Commander and/or Sgt. At Arms.

Discipline

Question # 3

- Report on showing of respect for older people
 - Refer to Point #8 of the Ten Ideals.

Suggested Answer # 3

- This project should involve courtesy to older people.

Discipline

Question # 4

- Practice of self-control in every respect.

Suggested Answer # 4

- Demonstrate ability to start projects or establish goals and to work with others.

Discipline

Question # 5

- Reaction and obedience to orders given.

Suggested Answer # 5

- Demonstrate ability to take orders in group activities.

Discipline

Completed

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Leadership

Point #4



Leadership

Point # 4

A star for **Leadership** to the member who demonstrates the qualities of leadership in school, church and Squadron activities.

Leadership

Question # 1

- What are the principal requirements of true leadership ?

Leadership

Suggested
Answer
1

- Leadership requires that the leader has a workable plan which he can sell to others in the group get their cooperation in putting the plan into action. It requires working with people in a way that gets them to assume responsibility and to work toward the goals outlined in the plan.
- Some of the prime requirements of leadership could be listed as:
 - Determining what we want to do.
 - Thinking about ways to do it.
 - Making firm decisions.
 - Assigning work and authority.
 - Persuading and directing others.
 - Checking on progress.

Leadership

Question # 2

- Who was Commander-in-Chief of the armed forces in the United States during each of the World Wars ?

Answer # 2

- World War I: Woodrow Wilson
- World War II: Franklin D. Roosevelt and Harry S. Truman

Leadership

Question # 3

- Does a good leader do all the work himself or see that it is done by others ?

Answer # 3

- A good leader is able to assign work so that others will work with him when given the proper authority.

Leadership

Question # 4

- Name the present National, State and Local leaders of The American Legion.

Answer # 4

- National Commander
- State Commander
- Post Commander

Leadership

Question # 5

- Demonstration of leadership by holding office in the Squadron, or by leadership in group activities of the Squadron.

Answer # 5

- Describe Squadron office(s) held and/or leadership position held in Squadron activities. (eg. Chairman of Fundraising Committee)

Leadership

Question # 6

- Prepare a short essay on leadership.
(To be graded by the Post Committee)

Answer # 6

- The persons judging these essays should look to see whether objectives have been set, some attention has been given to personal attitudes, proper thinking has been stressed and the essay allows for delegation of authority, motivation and follow-up.

Leadership

Completed

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Legionism

Point #5



Legionism

Point # 5

A star for **Legionism** to the member who thoroughly understands the ritualistic work and the program of activities for the SAL.

Legionism

Question # 1

- What are some of the other National programs of The American Legion ?

Answer # 1

- Boys Nation, Boys State, American Legion Baseball, National High School Oratorical Contest.

Legionism

Activity # 2

- Assist in community service projects sponsored by the American Legion Post.

Legionism

Activity # 3

- Assist in observance of patriotic holidays sponsored by the American Legion Post.

Legionism

Question # 4

- Recite the Preamble to the Constitution of the Sons of The American Legion.

Legionism

Answer # 4

- Proud Possessors of a Priceless Heritage, We Male Descendants of Veterans of the Great Wars, Associate Ourselves Together as "Sons of the American Legion" for the Following Purposes: To Uphold and Defend the Constitution of the United States of America; to Maintain Law and Order; To Foster and Perpetuate a True Spirit of Americanism; to Preserve the Memories of Our Former Members and the Association of Our Members and Our Forefathers in the Great Wars; To Inculcate a Sense of Individual Obligation to the Community, State, and Nation; To Combat the Autocracy of Both the Classes and the Masses; to Make Right the Master of Might; To Promote Peace and Good Will on Earth; to Safeguard and Transmit to Posterity the Principles of Justice, Freedom and Democracy; To Consecrate and Sanctify Our Friendship by Our Devotion to Mutual Helpfulness; To Adopt in Letter and Spirit All of the Great Principles for Which the American Legion Stands; and to Assist in Carrying on for God and Country."

Legionism

Question # 5

- What is the proper way of wearing medals and awards on the SAL cap ?
- Why are they all worn on one side?

Answer # 5

- All must be attached to the right side of the cap.
- Uniformity

Legionism

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